			20	24 April 22 - J	lune 22	(Poirie	r)]
	Monday Tue		Tuesday Wednesday		Thursday		Friday	Saturday	
	Arena 3			Arena 3	Arena 3		Arena 3	Arena 3	
6:00	6:00-7:00am Star 1+	6:00-7 Star	r 1+	6:00-7:00am Star 1+	6:00-7 Sta	r 1+	6:00-7:00am Star 1+		
7:00	26		26	26	26		26	7:00-7:45am	7:00
	7:00-8:00am Juv / Star 6+ 24 24 24		7:00-8:00am Juv / Star 6+ 24	7:00-8 Sta		7:00-8:00am Star 4+ 24	Star 1+ 26		
8:00		8:00-8:15ar	m Ice Clean		8:00-8:15ar	n Ice Clean		JD/SSA Development	8:00
		8:15-9:30am City Buy-On			8:15-9:30am City Buy-On			50 8:30-8:45am Ice Clean	
								8:45-9:30am	
9:00							Star 4+	9:00	
								24	l
								9:30-10:15am Star 6+	
1:00									10:00
	1:00-2:00pm	1:00-2:00pm City Buy-On		1:00-2:00pm	1:00-2:00pm City Buy-On		1:00-2:00pm	10:15-10:30am Ice Clean	
	City Buy-On			City Buy-On			City Buy-On	10:30-11:15am Star 8+	
2:00	2:00-2:15pm Ice Clean	2:00-2:15pr	m Ice Clean	2:00-2:15pm Ice Clean	2:00-2:15pr	n Ice Clean	2:00-2:15pm Ice Clean		11:00
								11:15-11:30am Ice Clean	
	2:15-3:15pm	2:15-3		2:15-3:15pm	2:15-3		2:15-3:15pm	11:30-12:15pm	
	Juvenile+ Competitive*	Juvenile+ C	Competitive* 20	Juvenile+ Competitive*	Juvenile+ C	ompetitive* 20	Juvenile+ Competitive*	Canskate	
3:00	20 3:15-3:30pm Ice CLean	20 3:15-3:30pm Ice CLean		20 3:15-3:30pm Ice CLean	3:15-3:30pm Ice CLean 3:30-4:15pm Star 4+		20 3:15-3:30pm Ice CLean		12:00
	3:30-4:15pm	3:30-4:15pm Star 4+		3:30-4:15pm			3:30-4:15pm JD		
	JD			JD]
4:00			24			24			1:00
	4:15-5:00pm Pre-Novice / Star 8+	4:15-5:00pm Star 6+ 2 24 5:00-5:45pm RSA		4:15-5:00pm Pre-Novice / Star 8+	4:15-5:00pm Star 6+ 22 24 5:00-5:45pm RSA		4:15-5:00pm Pre-Novice / Star 8+		-
	22						22		
5:00							5:00-5:15pm Ice Clean		
		RS	SA		R	SA	5:15-6:00pm		
							5:15-6:00pm Star 6+		
		5:45-6:00pr			5:45-6:00pr		5:15-6:00pm Star 6+ 24		
6:00		5:45-6:00pr 6:00-6:30pm	m Ice Clean		5:45-6:00pr 6:00-6:30pm	n Ice Clean	5:15-6:00pm Star 6+ 24 6:00-6:45pm		
6:00		5:45-6:00pr			5:45-6:00pr		5:15-6:00pm Star 6+ 24		
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7:00		5:45-6:00pr 6:00-6:30pm Canskate 6:30-7:00pm Canskate 7:00-7:15pr 7:15-8 Star 8:00-8 Star 8:45-9:00pr	m Ice Clean 6:00-7:00pm Pre-Power m Ice Clean SA 545pm 6+** 22 m Ice Clean		5:45-6:00pr 6:00-6:30pm Canskate 6:30-7:00pm Canskate 7:00-7:15pr 7:15-8 St 8:00-8	n Ice Clean 6:00-7:00pm Pre-Power n Ice Clean 00pm sA :45pm 6+**	5:15-6:00pm Star 6+ 24 6:00-6:45pm Star 4+		
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*Juvenile+ Competitive - Open to ABC package skaters **Session changed from Star 8+ to Star 6+, capacity remained at 22.

	Dryland										
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday						
MM*	Fitness	Stretch	Fitness	Dance**	Jump						
3:30-4:20pm (A7+) R1	3:30-4:20pm (A12+) R1	3:30-4:20pm (A7+) R1	3:30-4:20pm (A12+) R1	4:00-4:50pm (A10+) R1	7:45-8:30am (Star 4-5) RS						
4:40-5:30pm (A10+) R1	4:30-5:20pm (A7+) R1	4:20-5:10pm (A10+) R1	4:30-5:20pm (A7+) R1	4:50-5:40pm (A7+) R1	9:30-10:15am (Star 8+) RS						
5:50-6:40pm (A12+) R1	5:20-6:30pm (A10+) R1	5:15-6:05pm (A12+) R1	5:20-6:30pm (A10+) R1	5:50-6:40pm (A12+) R1	10:30-11:15am (Star 5+) RS						
	6:40-7:30pm (A12+) R1		6:40-7:30pm (A12+) R1								
D		JD		D	JD						
4:30-5:30pm L1	RSA	4:30-5:30pm R2	RSA	4:30-5:30pm RS	8:45-9:25am MM & Stretch R1						
	6:00-6:45pm R2		6:00-6:45pm R2								
Jump		R1 = Room 1	1		SSA						
3:30-4:00pm (Star 6+) RS	SSA	R2 = Room 2	SSA		8:45-9:25am RS						
4:30-5:00pm (Star 4+) RS	6:15-7:00pm RS	L1 = Arena 1 Lobby	6:15-7:00pm RS								
5:10-5:40pm (Star 6+) R2	-	RS = Rink Side									

IMPORTANT DATES Holiday - NO SKATING Victoria Day (Mon. May 20th) Victoria Day (Mon. May 2001) Competition Victoria Day Competiton (May 17-19) High Performance Super Series (June 21-23) Assessment Star 6 - GOLD assessment (June 8th) - 8:45 to 11:15AM NO DRYLAND SESSIONS *Monday, May 27th - MM - 5:50-6:40pm (A12+) *Friday, May 3rd Dance - all sessions